

St. Charles Public Schools Fall Activities Plan for Preventing the Spread of COVID-19

As of August 12, 2020

UNTIL FURTHER NOTICE

- Parents/guardians must screen participants for COVID-19 symptoms prior to participating in any scheduled school activity. Participants exhibiting symptoms should stay home, and follow the [Minnesota Department of Health's Exclusionary Guidance](#) prior to returning to play.
- Coaches/advisors must screen themselves for COVID-19 symptoms prior to attending any practice or game. Coaches/advisors should stay home from team events if exhibiting symptoms, and should follow the [Minnesota Department of Health's Exclusionary Guidance](#) prior to returning to work.
- Activity participants should adhere to good hygiene and should wash their hands and shower at home as soon as they can after participating in any activity.
- Activity participants should strive to stay 6 feet apart from others when participating in any activity.
- Games and practices associated with our fall sports programs including Community Education, MSHSL related activities, or other school district sponsored activities will occur outdoors as much as possible.
- Coaches must wear face coverings during practices and games.
- Players must wear face coverings to and from practices and games as well as when they are resting or on the bench during a game. Face coverings may be removed when in action during practices and games.
- Coaches/advisors are encouraged to organize participants into pods for non-game settings.
- Pod sizes for non-game settings may not exceed 25 people per pod. This applies to both indoor and outdoor sports.
- Players and Coaches should maintain 6 feet between participants when they are not playing (on the bench, in the dugout, on the sideline, etc.)
- Players and Parents should maintain social distancing of 6 feet from other households during drop off/pick up of players.
- Family and friends should **not** attend practice sessions to avoid overcrowding.
- Coaches/advisors should strive to reduce contact between players as much as possible during practices, and during games.
- Players must bring their own water bottles to all practices and games.
- If a member of the team or club has COVID-19, in general you do not need to cancel practices or games once you hear of a case. If such steps are needed, the Minnesota Department of Health and our Local Public Health Agencies will reach out and advise the school district on the next steps. The Coach/advisor should start the process by contacting Justine Reinhardt at jreinhardt@schs.k12.mn.us.
- If local COVID-19 case data requires the School District to shift its Learning Plan to a full Distance Learning model for all grade levels, all practices, games, contests for our local teams and clubs will be postponed until further notice.